

# ANSAR

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#### We are the Helpers of Allāh.

#### Anṣār Ṭāhir Scholarship—A tool for Za'īm to connect with Anṣār brothers

Baltimore Majlis

A Nāṣir of Baltimore Majlis establishes himself as a successful Commercial Truck Driver, having received Anṣār Ṭāhir Scholarship.

A Nāṣir of Baltimore Majlis immigrated to the US from Thailand in 2017. His family was one of those forced to flee persecution in Pakistan by moving to Thailand. After staying for a few years in Thailand, he received approval to travel to the US. He struggled for many months while working at temporary odd jobs to take care of his family of six. Fellow Anṣār brothers suggested he pursued a career as a truck driver, and the local Za'īm asked him to apply for Anṣār Ṭāhir Scholarship to pay for his Commercial Driver License (CDL) training.

Originally, he was against the idea of receiving money from the Majlis, but he agreed to borrow money as a good faith loan and promised that he would return the money to the Majlis. He was able to complete his training in two months and started his new career as a CDL truck driver. His meeting with the local Za'īm after receiving his CDL was very emotional, and they enjoy a renewed relationship with one another.

When he is not on the road driving, he offers himself to help the local Za'īm in any capacity, always going beyond the call of duty. Recently, the local Za'īm asked him to be available to serve food with the Diyāfat team at 5:00 a.m. at Baitur Raḥmān Mosque during the Anṣār National Ijtimā'. He also brought his son, who took a day off from high school to help with the Diyāfat duties.

He and his family are grateful for the support they received from Majlis Anṣārullāh. Now, they make an effort to always be at the forefront to volunteer for the Jamā'at of the Promised Messiah (may peace be on him).

#### **Health New Year Resolution**

Syed Tanvir Ahmad, Qa'id Health

2020 is fast approaching. Let's resolve to make some healthy choices for the new year. Here are a few suggestions.

Exercise Regularly

Start an exercise program and make it your habit—walk, ride a bicycle, swim or actually go the gym you have been paying for years.

Eat Healthy

We all know what a healthy diet is—vegetables, fruits, whole grains, milk, fish, honey. We should consume these regularly but avoid excess of anything.

Say No to Tobacco

Avoid tobacco in all forms and if you do not smoke, help a friend or family member quit.

Get Your Family Involved

Exercise together or start a healthy activity together—gardening, walking, bicycle riding.

Reduce Your Family's Screen Time

Try to reduce screen time and get active. Lead by example.

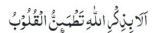
Health Checkup

Get your annual checkup and follow your health professional's recommendations.

**Protect Yourself** 

Get your flu or other vaccinations. Flu vaccines are offered in many doctor's offices, clinics, pharmacies and health departments.

Reduce your stress



"It is in the remembrance of Allāh that hearts can find comfort" (13:29)

Be regular in offering Şalāt in congregation and recitation of the Holy Qur'ān with translation and commentary.

Rizwan Alladin

### 2020 National 'Āmila of Majlis Anṣārullāh USA

Ḥaḍrat Khalīfatul Masīḥ V (may Allāh be his helper) has graciously approved the following national 'Āmila of Majlis Anṣārullāh USA for the year 2020. May Almighty Allāh enable each of these members to fulfill their responsibilities in the best possible manner, Āmīn.

Officeholder Office Imran Hayee Sadr Suhail Kausar Nā'ib Şadr Awwal Abdul Hadi Ahmad Nā'ib Şadr Şaff Dom M. Dawood Munir Nā'ib Sadr Mansoor Ahmad Qureshi Nā'ib Şadr Mahfooz Sheikh Qā'id 'Umūmī Iftikhar Ahmed Qā'id Ishā'at (Publications) Basharat Ahmad Wadan Qā'id Īthār (Social Services) Zahid Mian Qā'id Māl (Finance) Belal Khalid Qā'id Ta'līm (Education) Munir Malik Qā'id Ta'līmul Qur'ān (Education of the Holy Qur'ān) Ahmad G Muhammad Qā'id Tablīgh (Preaching) Hassiem Abdullah Babatu Qā'id Taḥrīk Jadīd Muhammad Shahid Mahmood Qā'id Tajnīd (Membership) Lamin Sanyang Qā'id Tarbiyat (Training) Tahir Soofi Qā'id Tarbiyat Nau Mubā'i'īn (New Converts) Qā'id Waqf Jadīd Mooda Shiraz Mantara Syed Tanvir Ahmad Qā'id Dhahānat wa Şiḥat Jismānī (Intellect and Physical Health) Tayyib Rashid Auditor Adil Mian Mu'āwin Sadr (IT)

### Are you jobless?

Mu'āwin Şadr (Special Projects)

Will a vocational training course improve your chances of finding a job? Majlis Anṣārullāh USA gives grants to qualified members.

Call: 716-800-1889 or

send an email to services@ansarusa.org

#### 2020 Nāzimīn A'lā of Majlis Anṣārullāh USA

Regional Nāzimīn A'la for the year 2020 are as follows. May Almighty Allāh enable each of these members to serve their respective regions to the best of their abilities, Āmīn.

Nāẓim A'lā	Region	Nāẓim A'lā	Region
Anas Ahmed Mirza	Central East	Mahmood Ahmad Bhutta	New York
Khurram Shah	Central West	Sarjo Trawalley	Northeast
Khalid Aziz Ahmed	Chicago	Atta Karim Chowdhry	Northwest
Nasir Bukhari	Great Lakes	Imtiyaz Rajayki	Southeast
Iftikhar Ahmad Sheikh	Gulf States	Abdul Basith Zafar	Southwest
Naveed Malik	Headquarters	Shahid Malik	Virginia
Abu Bakar Bin Saeed	Midwest		

#### Al-Ḥakam

In a meeting with National 'Āmila and Nāzimīn A'lā of Majlis Anṣārullāh, USA during his 2018 visit to the US, Ḥaḍrat Khalīfatul-Masīḥ V (may Allāh be his helper) expressed his desire that Anṣār regularly read Al-Ḥakam—Jamā'at's very first newspaper that started in the lifetime of the Promised Messiah (alaihissalām) and now launched again. Al-Ḥakam is available online.



Let us all say Labbaik to our Imām's desire by start reading Al-Ḥakam on a regular basis to stay informed and be the recipients of Allāh's blessings by responding to the call of Khalīfatul-Masīḥ.

## **Tajnīd Updates**

Has any of your contact information—mailing address, phone number, or email—changed? Please report any changes at the following link or email to Qā'id Tajnīd.

On our website: ansarusa.org/tajnid-update
Via email: qaid.tajnid@ansarusa.org

Aḥmadiyya Movement in Islām, Inc. 1730 Auburn Rd, Rochester Hills, MI 48309

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# Send detail and pictures of your local and regional events and Ansār news via e-mail at newsletter@ansarusa.org.



To access materials from various departments of Majlis Anṣārullāh USA, archives of Anṣār periodicals, calendar of events, and other useful information and tools, visit ansarusa.org.

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### Have you provided your 2020 Anṣār Chanda budget?

2020 Anṣār fiscal year is starting on January 1st

Please provide your Anṣār Chanda budget based on your expected 2020 income to your Muntaẓim Finance or Za'īm

Anṣār Chanda: 1% of yearly take-home income Ijtimā' Chanda: 1/8<sup>th</sup> of total Anṣār Chanda Publication Chanda: \$10 yearly