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ANSARULLAH  
USA**

# **Majlis Ansārullāh Monthly Meeting**

## **October 2021**

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# Agenda

- Recitation of the Holy Quran
- Pledge
- Salat page
- The Holy Quran segment (10 min)
  - Selected verses
  - Questions and comments
- Friday Sermon segment (20 min)
  - Sermon synopsis
  - Discussion scenario and guidance from sermon
  - Take home message
- Mental and physical health segment (15 min)
- Open slot for local topics
- Reminders/announcements
- Dua



## Recitation of Holy Quran

Nay, whoever submits himself completely to Allah, and is the doer of good, shall have his reward with his Lord. No fear *shall come* upon such, neither shall they grieve. (2:113)

بَلَىٰ مَنْ أَسْلَمَ وَجْهَهُ لِلَّهِ وَهُوَ مُحْسِنٌ فَلَهُ أَجْرُهُ عِنْدَ رَبِّهِ ۖ وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ ﴿١١٣﴾

And who is better in faith than he who submits himself to Allah, and he is a doer of good, and follows the religion of Abraham, the upright? And Allah took Abraham for a special friend. (4:126)

وَمَنْ أَحْسَنُ دِينًا مِّمَّنْ أَسْلَمَ وَجْهَهُ لِلَّهِ وَهُوَ مُحْسِنٌ وَاتَّبَعَ مِلَّةَ إِبْرَاهِيمَ حَنِيفًا ۗ وَاتَّخَذَ اللَّهُ إِبْرَاهِيمَ خَلِيلًا ﴿١٢٦﴾



*Say this part three times:*

*Ash-hadu • alla ilaha • illallahu • wahdahu  
• la sharika lahu • wa ash-hadu • anna  
Muhammadan • 'abduhu • wa rasuluh*

*Say this part once:*

I bear witness • that there is none worthy of worship • except Allah. • He is One •  
(and) has no partner, • and I bear witness • that Muhammad (peace be upon him) •  
is His servant • and messenger.

*Say this part once:*

I solemnly pledge • that I shall endeavor • throughout my life • for the propagation  
• and consolidation • of Ahmadiyyat in Islam, • and shall stand guard • in defense  
of • the institution of Khilafat. • I shall not hesitate • to offer any sacrifice • in this  
regard. • Moreover, • I shall exhort my children • to always remain dedicated • and  
devoted • to Khilafat. • *Insha'allah.*

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ  
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ



The Messenger of Allah (peace be upon him and his progeny) has said: “The prayer of a person is (in reality) a light in his heart, so whoever desires, can illuminate his heart (by means of prayers).”

Kanzul `Ummal, Volume7, Tradition 18973

# The Holy Quran Segment

**Suggested Time = 10 mins**

**It contains verses, questions  
about the verses followed  
by commentary**





## Recitation of Holy Quran

Nay, whoever submits himself completely to Allah, and is the doer of good, shall have his reward with his Lord. No fear *shall* come upon such, neither shall they grieve. (2:113)

بَلَىٰ مَنْ أَسْلَمَ وَجْهَهُ لِلَّهِ وَهُوَ مُحْسِنٌ فَلَهُ أَجْرُهُ عِنْدَ رَبِّهِ ۖ وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُونَ ﴿١١٣﴾

And who is better in faith than he who submits himself to Allah, and he is a doer of good, and follows the religion of Abraham, the upright? And Allah took Abraham for a special friend. (4:126)

وَمَنْ أَحْسَنُ دِينًا مِّمَّنْ أَسْلَمَ وَجْهَهُ لِلَّهِ وَهُوَ مُحْسِنٌ وَاتَّبَعَ مِلَّةَ إِبْرَاهِيمَ حَنِيفًا ۗ وَاتَّخَذَ اللَّهُ إِبْرَاهِيمَ خَلِيلًا ﴿١٢٦﴾



# Questions

- Virtuous people who submit to the will of Allah are often tried and go through trials. Why does the verse say, “No fear *shall come* upon such, neither shall they grieve”?
- Why does Allah the Almighty quote the example of Abraham in the verse 4:126?





# Commentary

- When one reaches the highest stage of union. In this stage man is so sure of the existence of God that he may be said to be actually seeing Him. No fear of the future darkens his faith, and the present has no sorrow for him. This stage is called “Liqa” or union with God.
- Abraham (as) has been held out to the people of the Book who revere him as a patriarch and to the Arabs who were proud of being descendent from him as an example who embodied in his person the essence of Islam by his full submission to the will of God; and both these people are herein told that it is only the true observance of the teachings of Islam that can make one like Abraham – beloved of God and his special friend (Five volume commentary)

# Friday Sermon Segment

**Suggested Time = 20 mins**

**It contains the following items:**

1. Synopsis of Friday Sermon (2 slides)
2. Scenario discussion and discussion questions (2 slides)
3. Guidance from Sermon to close the discussion (1 slide)
4. Take home message from the Sermon (1 slide)





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# Friday Sermon

## Hold your faith dearer than your life

Friday Sermon Frankfurt Germany: August 29, 2003

## Eighth condition of *Bai'at*

یہ کہ دین اور دین کی عزت اور ہمدردی اسلام کو  
اپنی جان اور اپنے مال اور اپنی عزت اور اپنی اولاد  
اور اپنے ہر ایک عزیز سے زیادہ تر عزیز سمجھے گا۔

*That he/she shall hold faith, the honor of  
faith and the cause of Islam dearer than  
his/her life, wealth, honor, children, and all  
loved ones.*





# Synopsis of the Sermon

- The pledge to prefer faith over the world is a pledge that everyone who is constantly linked with the Jama'at and attends meetings and *ijtima'at* repeats over and over again.
- One should be completely obedient and should follow the commands of Allah with all his strengths. He should dedicate himself to faith and be gracious. One should not fear that his wealth or children would be wasted. Allah, Who is better than anyone else in returning favors and in rewarding efforts, will reward these actions Himself. As has been explained earlier, He Himself will protect his life, wealth, and honor. Allah the Almighty does not let such people, or their future generations go to waste.
- Whoever devotes all his faculties to the path of God, and whoever is actively doing truly righteous deeds with his words, conduct, movements, standing, and his entire life is purely for the sake of God, will have a special reward. God will deliver him from fear and grief.
- “Revival of Islam demands a ransom from us. What is it? It is us dying in this very path. This is the death upon which the life of Islam, the life of Muslims, and the manifestation of the Living God depend.” (The Promised Messiah (as))

## Discussion Scenario

Za'im sahib approached a Nasir about paying Tehrike Jadid Chanda. The Nasir has school going children. He opened up with Za'im sahib. Jama'at Chanda, Ansar Chanda, Tehrike Jadid, Waqfe Jadid, Mosque fund etc. If I keep paying for these, how would I save any money for the education of my children. Afterall, education is important and successful children will benefit the Jama'at. I have to save for them and if something is left, I will pay towards the various schemes.

Za'im sahib mentioned, if you pay for these causes, Allah will provide for your needs.







# Discussion

In your opinion,

- The Nasir is correct, taking care of our children is huge responsibility and their education is of prime importance. He can pay for voluntary Chandas after he has saved for their education.
- The Za'im sahib is correct, the Nasir should pay whole heartedly and leave the rest to Allah the Almighty.
- They are both correct. The Nasir can pay Jama'at Chanda, save for his children's education and pay for other financial schemes if possible
- Any other suggestion?



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## Guidance from the Sermon

“One should be completely obedient and should follow the commands of Allah with all his strengths. He should dedicate himself to faith and be gracious. One should not fear that his wealth or children would be wasted. Allah, Who is better than anyone else in returning favors and in rewarding efforts, will reward these actions Himself. As has been explained earlier, He Himself will protect his life, wealth, and honor. Allah the Almighty does not let such people, or their future generations go to waste”

**Bottom line is** that Allah the Almighty watches over those who sacrifice for Him. The Nasir can sacrifice based on his capacity and have trust in Allah to meet his needs in life



## Take "home" message?

Pick one of the following topics from this Friday sermon to discuss with children/family during casual discussion:

- As a family, share stories of how Allah the Almighty helped each one of you in times of need?
- Discuss as to how giving precedence to faith over worldly matters applies to our lives and where we can do better?

**Tips to engage youth in conversation:** (1) Give them more talking time, and (2) use examples from Huzur's (may Allah be his helper) sermon to make a point.

# Mental and Physical health

**Suggested Time = 15 mins**

**It contains questions of general knowledge and/or religious knowledge followed by their answers. A thought-provoking video and a physical health segment**





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# Mental Health



# Quiz



1. Give a few examples how to be environmentally friendly?
2. Which are the longest and shortest bones in human body?
3. Which Ahmadi Khalifa had an attack on his life and when?





1. Learn about global warming, save power, avoid wasting water, avoid wastage of food, eat more meat free meals, consume less energy and use renewable if possible.
2. Femur (thigh bone) is the longest bone about 18-19 inches and Stapes (in the inner ear) is the smallest about 3-4 mm.
3. On March 10, 1954 Hadhrat Kalifatul Masih II (ra) was attacked by a misguided person as he was leading Asr prayers. This resulted in a severe injury to his neck which took a long time to heal.

## Wonders of creation of Allah the Almighty



Power of 90,000 PSI of Water. Allah the Almighty has stored a lot of energy in water. We can use it to our benefit.

From “Learn something”

Click [here](#) if video does not play



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# Physical Health





# Care of your elders

- Our elders face health, physical and social stressors that are unique to immigrant cultures
- Social Isolation, language barrier, inability to move with freedom, financial stressors, access to culturally congruent health care, lack of integration are to name a few challenges
- Elderly are at high risk of depression and other mental illness
- Physical illness, disability, falls and cognitive impairment can be devastating to this vulnerable group

# Care of your elders

- The greatest care is respect, love, kindness and compassion
- Treatment of BOTH physical and mental ailments
- Use of all available resources, medical, psychological and social
- Preventive Care - Fall, Cancers etc.
- Estate and Will planning
- Advance Directives, Living Will for health care and finances





**Suggested Time = Zaim's discretion**

**Zaim can include any other segment of local interest in this segment**





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**That's all folks**

# Reminders/Announcements

## Dua

### Jazakumullah for Participating!

**If you enjoyed it, please convey to  
those brothers who are not here  
today!**